

" AgilePM® v3 Foundation & Practitioner – 5-Day Combo Course"

Course Introduction

This five-day combined AgilePM® v3 Foundation and Practitioner program provides participants with a comprehensive understanding of AgilePM principles, practices, roles, lifecycle and project delivery, while progressively developing the ability to apply, tailor and analyse AgilePM in realistic project situations. The course begins with the core concepts required at Foundation level and progressively advances into Practitioner-level application, covering Agile leadership, requirements, prioritisation, estimation, planning, risk, governance, change management and multi-team delivery. Participants will develop their understanding through instructor-led discussions, scenario analysis and examination-focused practice, preparing them for both the Foundation and Practitioner examinations.

Day 1 – Agile Thinking, Business Agility & AgilePM Fundamentals

Module 1: Business Agility & Agile Project Management

- Business Agility in modern organisations
- VUCA and its impact on project delivery
- Challenges with traditional project approaches
- Agile project management in uncertain environments
- Product development vs. project management

Module 2: Agile Manifesto & AgilePM v3

- Agile Manifesto values and principles
- Agile Manifesto in a project management context
- Enhancements for Agile project management
- Evolution from DSDM to AgilePM v3
- AgilePM philosophy and underlying ethos
- AgilePM in relation to Scrum, Kanban, XP and DevOps

Module 3: AgilePM Principles

- The 8 AgilePM principles
- Applying the principles to project situations
- Balancing project constraints

- Time, Cost, Quality and Features
- Managing uncertainty while maintaining control

Module 4: Scrum Context

- Scrum values and roles
 - Scrum events and artifacts
 - Scrum theory and empiricism
 - How Scrum supports AgilePM delivery teams
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Day 2 – Agile Leadership, Roles & Collaboration

Module 5: Agile Leadership

- Agile leadership concepts and mindset
- The 9 principles of Agile leadership
- Leadership behaviours in Agile environments
- Empowerment, trust and team autonomy
- Situational Agile leadership

Module 6: AgilePM Roles & Responsibilities

- Business Sponsor
- Business Visionary
- Project Manager
- Solution Architect
- Business Ambassador
- Scrum Master
- Development and delivery roles
- Responsibilities and relationships between roles

Module 7: Individuals, Interactions & Collaboration

- Stakeholder interactions and influences
- Responsibilities and relationships across roles
- Building empowered, self-organising teams
- Effective collaboration
- Communication choices and channels
- Transparency of process and progress

Module 8: Agile Team Structures

- Designing effective Agile team structures
- Role consolidation and role sharing
- Managing multiple Agile teams
- Stakeholder relationships in complex environments

Scenario Discussion: Applying Agile leadership, roles and team structures to different project situations.

Day 3 – AgilePM Lifecycle, Requirements, Estimation & Prioritisation

Module 9: AgilePM Project Lifecycle

- Pre-Project
- Feasibility
- Foundations
- Delivery
- Deployment
- Realisation
- Purpose, activities and outputs of each phase
- Incremental delivery and value realisation

Module 10: Requirements Management

- Requirements hierarchy
- User stories
- Writing effective user stories
- INVEST principles
- 4Cs of user stories
- Progressive elaboration of requirements

Module 11: MoSCoW Prioritisation

- MoSCoW prioritisation rules
- Applying MoSCoW to project requirements
- Advanced MoSCoW prioritisation
- Prioritisation under fixed time and cost constraints

Module 12: Agile Estimation & Planning

- Agile estimation techniques
- Estimating requirements
- Planning across project phases
- Planning across increments and sprints
- Multi-team planning
- Dependency management

Scenario Discussion: Applying lifecycle, requirements, prioritisation, estimation and planning concepts to project scenarios.

Day 4 – Planning, Control, Risk, Governance & Tailoring

Module 13: Monitoring & Control

- AgilePM planning and tracking
- Monitoring project progress
- Outcome-based measurement
- Responding to change
- Maintaining control in Agile environments
- Management by exception

Module 14: Risk Management

- Risk management in AgilePM
- Project Approach Questionnaire
- Approach-based risks
- VUCA-related risks
- Tailoring AgilePM to mitigate risk

Module 15: Governance, Compliance & Financial Control

- Agile vs. traditional governance
- Governance within AgilePM
- Regulatory and compliance considerations
- Financial governance
- Fixed time and cost environments
- Maintaining appropriate project control

Module 16: Tailoring AgilePM

- Applying AgilePM principles to different project contexts
- Evaluating AgilePM tools and processes
- Determining when and how to tailor AgilePM
- Balancing agility with governance and control
- Tailoring approaches to manage project risk

Scenario Analysis: Analyse different project situations and determine the most appropriate AgilePM approach, including tailoring, governance, risk and control considerations.

Day 5 – Integrated Application & Examination Preparation

Module 17: Integrated AgilePM Project Scenarios

- Applying AgilePM principles across a complete project
- Lifecycle and delivery decisions
- Requirements and prioritisation
- Estimation and planning
- Risk and governance
- Leadership and team structures
- Managing change and uncertainty

Module 18: Practitioner-Level Application & Analysis

- Applying AgilePM concepts to complex situations
- Evaluating alternative approaches
- Analysing project constraints
- Justifying AgilePM decisions
- Identifying appropriate tailoring options
- Managing competing stakeholder and delivery priorities
- Management by exception and adaptive decision-making

Module 19: Foundation Examination Preparation

- Foundation examination structure
- Key knowledge areas
- Sample questions
- Common pitfalls
- Revision techniques

- Examination strategy

Module 20: Practitioner Examination Preparation

- Practitioner scenario-based approach
- Scenario interpretation techniques
- Applying AgilePM concepts to questions
- Analysing and justifying decisions
- Sample Practitioner questions
- Mock examination
- Time management and examination strategy

5-Day Learning Progression

Day	Focus	Level
Day 1	Agile thinking, AgilePM fundamentals, principles & Scrum context	Foundation
Day 2	Roles, leadership, teams & collaboration	Foundation → Practitioner
Day 3	Lifecycle, requirements, MoSCoW, estimation & planning	Foundation → Practitioner
Day 4	Control, risk, governance, change & tailoring	Practitioner
Day 5	Integrated scenarios, application & exam preparation	Practitioner