

# **DISCIPLINED AGILE® FOUNDATIONS COURSE**

## **Overview**

The Disciplined Agile® Foundations Course is designed to provide participants with a deep understanding of the Disciplined Agile (DA) framework and its practical applications. Over the span of two days, this course will equip attendees with the necessary skills to implement DA practices effectively in their teams, fostering continuous improvement and delivering value rapidly.

## **Day 1 Course Content: Introduction and Core Concepts**

### 1. Welcome and Course Overview

- Introduction to the course objectives and outline, setting expectations for the learning journey ahead.

### 2. Module 1: Disciplined Agile Overview

- Learn how DA's decision framework, drawing from Lean and Agile, empowers you to choose and evolve your team's optimal Way of Working (WoW), moving beyond rigid prescriptions.

### 3. Introduction to Agile and Lean Principles

- Understand the foundational principles of Agile and Lean methodologies, which underpin the DA framework.

### 4. DA's Layered Approach

- Explore how DA operates across four layers: Foundation, Disciplined DevOps, Value Streams, and Disciplined Agile Enterprise, offering a holistic approach to agility.

## 5. Module 2: Exploring the DA Knowledge Base

- Master the DA Browser and microsite. Learn to effectively find proven practices and guidance within DA's curated resources to inform your team's process improvement decisions.

## 6. Breakout Session: Practice Navigating the DA Knowledge Base

- Hands-on activity to explore the DA Knowledge Base, enhancing skills in locating and applying relevant information for your team's needs.

## 7. Module 3: Solving Team Challenges

- Utilize tools like the DA Team Canvas to diagnose team workflow issues. Learn to pinpoint specific problems and identify targeted solutions using DA's context-sensitive guidance.

## 8. Wrap-Up and Q&A

- Recap of key concepts covered and open floor for questions to clarify understanding.

# **Day 2 Course Content: Applying DA in Practice**

## 1. Review and Reflections from Day 1

- Reflect on learnings from the previous day and address remaining queries.

## 2. Module 4: Accelerating Value Delivery

- Apply DA's 3-step Value Acceleration Process. Explore Quick Starts as tailored entry points to jumpstart improvement and build your team's actionable improvement backlog.

## 3. Workshop: Creating a Team Improvement Backlog

- Interactive session where participants will create a backlog focused on specific team improvement initiatives using DA guidance.

#### 4. Module 5: Scenario 1 – Enhancement Team

- Apply DA concepts in a practical scenario. Use the DA Knowledge Base and Value Acceleration Process to analyze an enhancement team's context and build their improvement plan.

#### 5. Debrief: Enhancement Team Scenario

- Discuss insights and strategies identified during the scenario exercise, reinforcing learning through peer feedback.

#### 6. Module 6: Scenario 2 – Maintenance Team

- Analyze a maintenance team scenario. Practice using the DA Knowledge Base and Value Acceleration Process to design a context-appropriate WoW, contrasting it with other team needs.

#### 7. Breakout Session: Customizing WoW for Different Teams

- Participants work in groups to tailor WoW for diverse team types, presenting their strategies to the class for group learning.

#### 8. Module 7: Exploring More Scenarios

- Discuss applying DA to complex delivery and non-IT teams. Consolidate key learnings and prepare to implement DA principles to continuously improve your team's performance.

#### 9. Final Wrap-Up

- Summation of course learnings and closing remarks to encourage ongoing practice and exploration of DA principles.