

Dojo Training – Comprehensive 4-Day Program (General + Manufacturing Focus)

Duration: 4 Days

Delivery Mode: Instructor-led (Classroom / Virtual)

Audience: Beginners, professionals, or teams seeking to understand Dojo fundamentals and its practical implementation in manufacturing environments.

Objective: To provide a comprehensive understanding of Dojo concepts, frameworks, and hands-on implementation in both general learning and manufacturing contexts.

Day-wise Table of Contents

Day	Module	Topics Covered
Day 1	Introduction to Dojo & Core Concepts	• Understanding Dojo model and philosophy • History and evolution of the Dojo approach • Key objectives and benefits • Differences between Dojo and traditional learning
	Dojo Framework & Setup	• Core principles (Learn by Doing, Pairing, Feedback Loops) • Structure of a Dojo engagement • Roles and responsibilities • Tools and environment setup
Day 2	Dojo Operations & Coaching	• Running a Dojo session • Coaching patterns and facilitation tips • Tracking progress and feedback loops • Managing challenges
	Continuous Improvement & Wrap-Up	• Measuring Dojo success (KPIs, feedback) • Embedding learning

		culture • Case studies & best practices • Wrap-up discussion and action planning
Day 3	Concept, Foundation & Skill Development Framework	• Inauguration & Icebreaker Activity • Introduction to DOJO – Origin & Philosophy • Importance of DOJO in Skill Transformation • Pillars of an Effective DOJO • Designing Your DOJO Framework • Reflection & Q&A
Day 4	Simulation, Practice & Implementation Planning	• Recap & Energizer • Dojo Simulations – Learning by Doing (5S, Visual Management, Assembly Line Simulation) • Problem Solving & Kaizen Practice • Integrating DOJO with Organizational Goals • Implementation Roadmap for Plant • Action Plan Presentation & Closing

Suggested Lab / Practice Activities

- Dojo Simulation Exercise – Team collaboration challenge.
 - Live simulators setup that are used in DOJO.
 - Customer complaints and their linkage to the DOJO training
- Designing a Mini-Dojo Plan (group activity)
- Coaching role-play and facilitation drill
- 5S & Visual Management Simulation (mock workstation)
- Mini Assembly Simulation – Toy car or pen line

- Kaizen Game – Identify and remove process wastes
- Root Cause Analysis using Fishbone or A3 template

Learning Outcomes

- Understand the Dojo framework and its organizational benefits.
- Develop skills to design and implement Dojo sessions effectively.
- Apply Dojo principles to manufacturing and process improvement contexts.
- Gain experience in simulation-based learning and Kaizen activities.
- Build a roadmap for sustaining continuous learning and improvement.